

trio

starters

- rosemary flatbread: goat cheese, roasted peppers, caramelized onions, tomatoes 8.29
- trio flatbread: olive tapenade, basil pesto, white bean pure e 7.99
- parmesan flatbread 3.19
- antipasto: artisan cured meats, trio olives, local and italian cheeses 11.49
- assorted mediterranean olives 5.99
- manila clams: shallots, garlic, red chili flakes, basil pure e, ciabatta bread 12.99

salads and soups

- creamy tomato soup 4.99
- daily soup 4.99
- mixed greens: red flame grapes, candied walnuts, gorgonzola, balsamic vinaigrette 5.99
- roast turkey: apples, dried cranberries, candied walnuts, celery, cider vinaigrette 11.99
- cobb: chicken breast, smoked bacon, tomato, egg, gorgonzola, fennel vinaigrette 9.99
- caesar: romaine, creamy parmesan anchovy dressing, garlic croutons 7.99
- b.l.t.: crispy bacon, romaine hearts, sliced tomato, gorgonzola dressing 8.99
- spinach: avocado, egg, tomatoes, bacon, mozzarella, sun-dried tomato vinaigrette 10.99
- roasted beet: arugula, shaved fennel, goat cheese, bacon vinaigrette 8.99
- lemon chicken: romaine, caper berries, celery, lemon vinaigrette 8.99

add seared salmon 4.99 chicken 3.99 grilled steak 5.99

pizzas

- chef's nightly pizza: inquire within
- chicken: roasted garlic, caramelized onions, assorted mushrooms, fontina cheese 11.99
- cheese: romano, asiago, parmesan, mozzarella, fresh herbs, balsamic drizzle 10.99
- italian sausage: roasted peppers, caramelized onions, pepperoni 11.99
- bbq chicken: trio bbq sauce, smoked mozzarella, caramelized onions 11.99

pastas

- pomodoro: spaghetti, plum tomatoes, mozzarella, fresh basil, extra virgin olive oil 11.99
- trio meatball: spaghetti, pomodoro sauce 12.99
- carbonara: spaghetti, smoked bacon, green peas, roasted onions, asiago 11.99
- three cheese ravioli: butternut squash sauce, sage, asiago 12.99
- sausage rigatoni: spicy colosimo italian sausage, ricotta cheese, pomodoro sauce 12.99
- manila clams: linguine, tomatoes, zucchini, garlic, lemon, extra virgin olive oil 15.99
- baked penne: mushrooms, prosciutto, oven roasted tomatoes, garlic cream sauce 12.99

add seared salmon 4.99 chicken 3.99 grilled steak 5.99

more

- roasted half chicken: fingerling potatoes, house vegetables, agrodolce sauce 19.99
- braised short ribs: mascarpone-chive risotto, parsnips, red wine sauce 24.99
- turkey marsala: seasonal mushrooms, broccolini, parmesan mashed potatoes 21.99
- cedar plank salmon: creamy polenta, caramelized fennel, orange vinaigrette 23.99
- flat iron steak: mashed potatoes, house vegetables, trio steak sauce 22.99

sides

- seasonal vegetables 4.99 creamy polenta 3.99 potatoes 3.99 wild mushrooms 5.99

beverages

- coke, diet coke, sprite, dr. pepper, root beer 2.29
- iced tea, lemonade 2.49
- italian sodas (assorted flavors) 2.79
- seasonal sodas 2.79
- san pellegrino sparkling mineral water, acqua panna mineral water 2.99

coffee 1.99 pot of tea 3.49
espresso 2.99 cappuccino, latte 3.99 flavor shot .49

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CONSUMER ADVISORY

THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS,
FISH, LAMB, PORK, POULTRY OR SHELLFISH REDUCE THE RISK OF
FOODBORN ILLNESS.
CONSULT YOUR PHYSICIAN OR PUBLIC HEALTH OFFICIAL FOR FURTHER
I N F O R M A T I O N